

Date: 13.7.2022

To,
The Dean
Malla Reddy Institute of Medical Sciences
Suraram
Hyderabad.

From,
MEU Coordinator
Malla Reddy Institute of Medical Sciences
Suraram
Hyderabad.

Dear Sir,

Sub: Requisition of permission to conduct Value added course on Life Skills.

I, on behalf of the Department of Medical Education, MRIMS, would like to request you to grant permission for the conduct value added course on Life Skills from the Department of Medical Education for our undergraduates II MBBS & I, II, III Year Post graduates from 27th July 2022 to 29th July 2022 in the Lecture Hall, Ground Floor, Academic Block, MRIMS.

Thanking you,

Yours sincerely,

Jamunelam N
Coordinator



V. V. V. V. V.
Principal / Dean
Malla Reddy Institute of Medical Sciences



MALLA REDDY INSTITUTE OF MEDICAL SCIENCES

(SPONSORED BY : CHANDRAMMA EDUCATIONAL SOCIETY)

Recognized by Medical Council of India, Ministry of Health & Family Welfare, Govt. of India.
Affiliated to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

CIRCULAR

Ref. No.: MRIMS/Circulars/ADC/2022/July-01

Date: 14.7.2022

“Life Skills” course will be conducted in Malla Reddy Institute of Medical Sciences for our undergraduates (II MBBS) & I, II, III Year Post graduates from 27th July 2022 to 29th July 2022 for MBBS students. HODs to inform the students and reschedule classes and postings. Students have to register with the program co-ordinator Dr. Jamuna Rani

Resource person:

1. Dr Sangeeta Das Prof & HOD, Department of Ophthalmology, MRIMS
2. Dr S Naveen, Prof, Department of Anatomy, MRIMS

Venue: Lecture Hall, Ground floor, Academic Block, MRIMS

Date: 27.7.2022 to 29.7.2022

Time: 9.00 am – 4:30pm



Copy to:

1. Circulation in classroom
2. All HoDs
3. Notice board
4. PA to principal for filing


Principal/ Dean

Principal / Dean
Malla Reddy Institute of Medical Sciences


Suraram 'x' Road, Quthbullapur Municipality, Hyderabad - 500 055.

Tel : 9676017777, 9676027777, 7842090952

E-mail : mallareddyhospital@gmail.com mrimms.2012@gmail.com www.mrimms.org

Brochure

Department of Medical Education
Malla Reddy Institute of Medical Sciences, Hyderabad

Life Skills	27.7.2022 to 29.7.2022 9AM TO 4:30PM
	
<p>Venue: Lecture Hall, Ground floor, Academic Block, MRIMS</p> <p>Resource person:</p> <ol style="list-style-type: none">1. Dr Sangeeta Das Prof & HOD, Department of Ophthalmology, MRIMS2. Dr S Naveen, Prof, Department of Anatomy, MRIMS	



V. V. Lakshmi
Principal / Dean
Malla Reddy Institute of Medical Sciences



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Life Skills(VM25) COURSE OBJECTIVES

COURSE OBJECTIVES	At the end of the course, the students should be : <ul style="list-style-type: none">• Able to develop strategies for time management, stress management and work-life balance• Able to explore pathways for career advancement and specialization within the medical field.
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COURSE SYLLABUS

MODULE1	Introduction to life skills Importance of life skills in medical profession Self management skills Interpersonal communication
MODULE 2	Self management and self care Critical Thinking and Problem-Solving Ethical Practice and Professionalism Problem-Solving Abilities
MODULE 3	Ethical Decision Making and Professional Integrity Resilience and Adaptability <u>Role play and discussion</u>

COURSE OUTCOME

COURSE OUTCOME	The course will help students to learn life skills and gain a deeper appreciation for the importance of life skills in their personal and professional development, ultimately empowering them to thrive as compassionate, competent, and resilient physicians.
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V. V. S. S. S. S. S.
Principal / Dean
Malla Reddy Institute of Medical Sciences

Jamurelam N
Coordinator



MALLA REDDY INSTITUTE OF MEDICAL SCIENCES

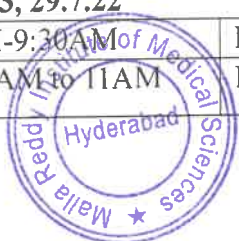
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Life Skills(VM25) Program Schedule

Time	Program	Faculty
Day1, 27.7.22		
9AM-9:30AM	Registration	MEU Members
9:30AM to 10AM		Dean, Academic Dean, Vice Principal Academics, Medical Superintendent
10AM-11:00AM	Introduction to life skills	Dr Sangeeta Das
11:00AM to 11:15AM	Tea Break	
11:15AM to 1PM	Importance of life skills in medical profession	Dr S Naveen
1PM-2PM	Lunch Break	
2PM-4.30PM	Self management skills Interpersonal communication	Dr Sangeeta Das Dr S Naveen
Day2, 28.7.22		
9PAM-9:30AM	Recap	MEU Members
9:30AM to 11AM	Self management and self care	Dr Sangeeta Das
11:00AM to 11:15AM	Tea Break	
11:15AM to 1:00AM	Critical Thinking and Problem-Solving	Dr S Naveen
1PM-2PM	Lunch Break	
2PM-4.30PM	Ethical Practice and Professionalism Problem-Solving Abilities	Dr Sangeeta Das Dr S Naveen
Day 3, 29.7.22		
9AM-9:30AM	Recap	MEU Faculty
9:30AM to 11AM	Ethical Decision Making	Dr S Naveen



Suraram 'x' Road, Quthbullapur Municipality, Hyderabad - 500 055.

Tel : 9676017777, 9676027777, 7842090952

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V. V. S. R. S. S. S.
Principal / Dean
Malla Reddy Institute of Medical Sciences

11AM to 11:15AM	Tea Break	
11:15AM to 1AM	Professional Integrity	Dr Sangeeta Das
1PM-2PM	Lunch Break	
2PM-4PM	Resilience and Adaptability, Role play & discussion	Dr S Naveen
4PM-4.30PM	Reflections, Feedback	MEU Members

Sampelam A
Coordinator



V. V. Srinivasulu
Principal / Dean
Malla Reddy Institute of Medical Sciences



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Summary Report

VM25: Life Skills

Life skills are integral to the practice of medicine, enabling healthcare professionals to communicate effectively, think critically, manage stress, make ethical decisions, collaborate with others, and adapt to changing circumstances. By cultivating these essential skills, medical professionals can enhance their effectiveness, improve patient care, and ultimately contribute to the well-being of individuals and communities.

Life skills play a crucial role in the medical profession, contributing significantly to the success and effectiveness of healthcare practitioners.

The session was taken up by Dr Sangeeta Das Prof & HOD, Department of Ophthalmology, MRIMS and Dr S Naveen, Prof, Department of Anatomy, MRIMS who are excellent in taking on life skills.

The program was conducted on 27.7.22 to 29.7.22 at Lecture Hall, Ground floor, Academic Block, MRIMS for 109 II MBBS(2020 batch) and I, II & III Post graduates for 15 hours



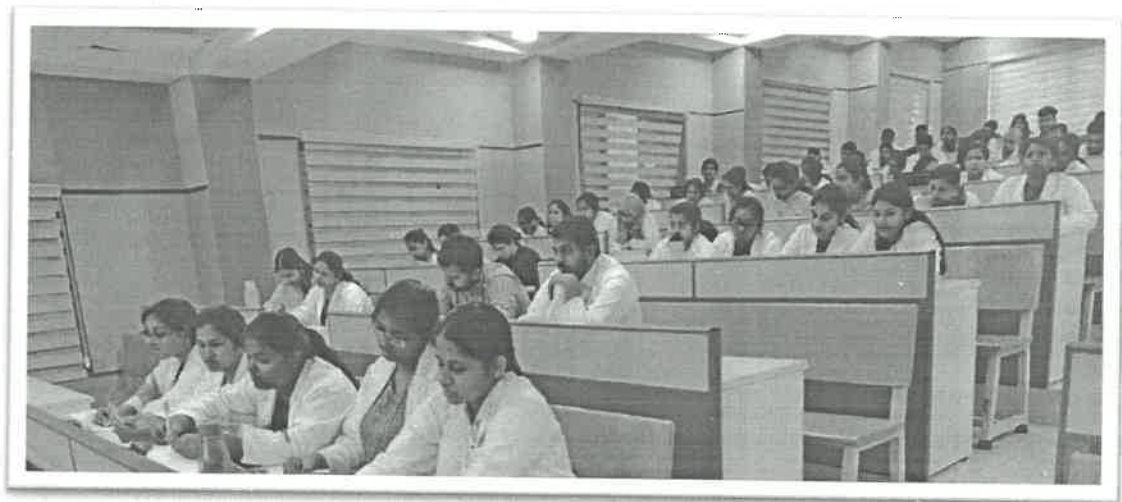
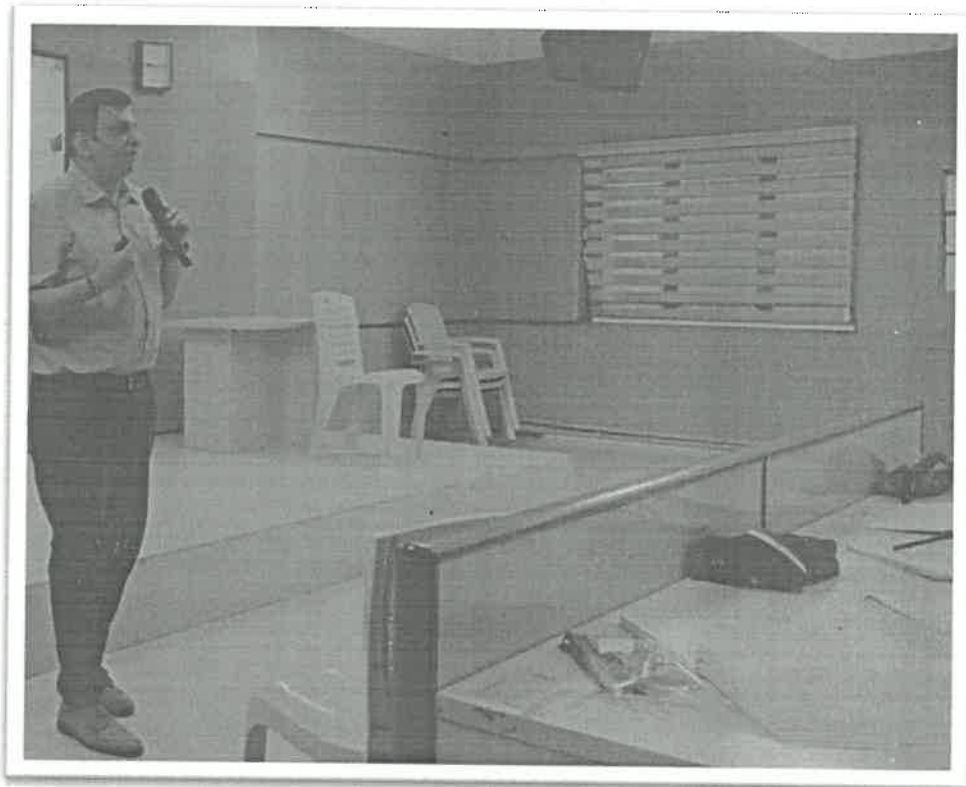
Jamunelam N
Coordinator

V. V. V. V. V.
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VM25
Life Skills



Principal / Dean
Malla Reddy Institute of Medical Sciences



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Life skills	
Course Code:VM25	Year: II MBBS & I, II & III Post graduates
Date: 27.7.22 to 29.7.22	Time: 9:00am-4:30pm
Venue: Lecture Hall, Ground Floor Academic Block , MRIMS	
Total Students Registered: 109	

Details of students registered for VM25: Life skills

Sr No	Name of student	Registration No	Registered
1.	A S ABHISHEK KUMAR	2101016001	Yes
2.	AASTHA SAGAR YEDATI	2101016002	Yes
3.	ABHINAV NOOLI	2101016003	Yes
4.	ADITYA PATNAÏK	2101016004	Yes
5.	AISHWARYA JAKKULA	2101016005	Yes
6.	AKSHAY RANGANATHAN	2101016006	Yes
7.	AKULA JAGIRDHAR SHREYA	2101016007	Yes
8.	AMALE SAI SHEKHAR	2101016008	Yes
9.	AMOOLYA KONDA REDDY	2101016009	Yes
10.	ANANYAA PABBISETTY	2101016010	Yes
11.	ANDUGULA PRAVALIKA	2101016011	Yes
12.	ANIRUDDHA GANGURDE	2101016012	Yes
13.	ANKALAPU SAAKSHI	2101016013	Yes
14.	ANKAM PAWAN ANIKETH	2101016014	Yes
15.	ANUSHNA VALUVA	2101016015	Yes
16.	ARYAN YESHWANT ARSUDE	2101016016	Yes
17.	AVULAMANDA VAISHNAVI	2101016017	Yes
18.	B BHAVYA SMITHANJALI	2101016018	Yes
19.	B SHREYA	2101016019	Yes
20.	BADRI BHANU PRIYA	2101016020	Yes
21.	BADUGU HANNAH	2101016021	Yes
22.	BAGALURI ADARSH	2101016022	Yes



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U. V. Rao
Principal / Dean
Malla Reddy Institute of Medical Sciences

23.	BAHETI BHAKTI MUKESH	2101016023	Yes
24.	BANKAR DNYANDA VIJAY	2101016024	Yes
25.	BHARATH KAMISSETTY	2101016025	Yes
26.	BHUKALA SHRIYA YADAV	2101016026	Yes
27.	BHUKYA SURESH	2101016027	Yes
28.	BHUVANA KAMMELA	2101016028	Yes
29.	BIYANI HIMANSHU SHAILESH	2101016029	Yes
30.	CASIMKOTA PARIMALA	2101016030	Yes
31.	CHADALAVADA SAI SATWIKA	2101016031	Yes
32.	CHANDIKA SIVA SATVIKA	2101016032	Yes
33.	CHANDRAKANTI SRI KANISHKA	2101016033	Yes
34.	CHAVAN VAISHNAVI VIJAY	2101016034	Yes
35.	CHINDAM PRAVARSHI RATHAN	2101016035	Yes
36.	DAGADE SHREYASH PRASHANT	2101016036	Yes
37.	DAHIFALE SUJEET VIKRAM	2101016037	Yes
38.	DASARI ANJALI	2101016038	Yes
39.	DEETYA KRSNA MEESALA	2101016039	Yes
40.	DESHETTI KAUSHIK RAJESH	2101016040	Yes
41.	DESHMUKH SHREYAS SATYENDRA	2101016041	Yes
42.	DESHPANDE SAMRUDDHI SHAILENDRA	2101016042	Yes
43.	DEVYANI	2101016043	Yes
44.	DHUMAL SHIVDARSHAN DATTATRAYA	2101016044	Yes
45.	DIKSHA BOTHRA	2101016045	Yes
46.	DIYA S BHANDARY	2101016046	Yes
47.	DOKKU CHARISHMA	2101016047	Yes
48.	DONGAVE RUDRESH AMBADAS	2101016048	Yes
49.	DUBBA RAJESH	2101016049	Yes
50.	ERAM POULOMI RAAJNEESH	2101016050	Yes
51.	G HARSH RAJ	2101016051	Yes
52.	GADDAM HARSHITHA REDDY	2101016052	Yes
53.	GEEDIPALLI BHASMITHA REDDY	2101016053	Yes
54.	GHOOGARE EASHAN SANTOSH	2101016054	Yes
55.	GITE GAYATRI GANGADHAR	2101016055	Yes
56.	GITTE ADITYA SHIVAJI	2101016056	Yes
57.	GITTE ANUSHKA ANIL	2101016057	Yes
58.	GITTE SANTOSHI VENKATRAO	2101016058	Yes
59.	GOLI NISHANT	2101016059	Yes
60.	GOLLABOINA SUCHITHRA	2101016060	Yes
61.	GOPU NANDEETHA	2101016061	Yes



V. V. Srinivasulu Reddy
Principal / Dean
Malla Reddy Institute of Medical Sciences

62.	GRIDALUR VENKATA NAGA ADITYA PRANAV	2101016062	Yes
63.	GUDUGUNTLA MOHITH	2101016063	Yes
64.	GUNDA SREEJA	2101016064	Yes
65.	GURPREET RANJIT	2101016065	Yes
66.	HARKUT KIRTI VITTHALDAS	2101016066	Yes
67.	HILLARY THERESA DOLL	2101016067	Yes
68.	INDU VENKATASAI DUBAGUNTA	2101016068	Yes
69.	ITLAPURAM AMULYA	2101016069	Yes
70.	J DHANUSHYA	2101016070	Yes
71.	J VAISHNAVI	2101016071	Yes
72.	JADHAV SAMARTH VENKATRAO	2101016072	Yes
73.	JADHAV SAYALI SUNIL	2101016073	Yes
74.	JALADI SNEHAL KIRAN	2101016074	Yes
75.	JAMBULA SREE HARSHITHA	2101016075	Yes
76.	JANGAM SAI NITHIN	2101016076	Yes
77.	JANUMPALLY SAI PRASANNA	2101016077	Yes
78.	JARUPULA SRI CHANDANA	2101016078	Yes
79.	JILLEPALLI SIDDHARTHA ROY	2101016079	Yes
80.	K CHANDRA SHEKAR	2101016080	Yes
81.	K G ADITYA KUMAR	2101016081	Yes
82.	KALAM GANESH ASHOKRAO	2101016082	Yes
83.	KALDATE VAIBHAV RAJARAM	2101016083	Yes
84.	KALE POOJA SATISH	2101016084	Yes
85.	KANDAGATLA ROHITHA	2101016085	Yes
86.	KARIMELLA LAKSHMI PRASANNA	2101016086	Yes
87.	KARNATI SAMSKRUTHI	2101016087	Yes
88.	KARROLLA SAI KRISHNA	2101016088	Yes
89.	KASARLA RISHWANTH	2101016089	Yes
90.	KENDALE ESHWARI BALASAHEB	2101016090	Yes
91.	KHABALE SEJAL SUBHASH	2101016091	Yes
92.	KHUSH SANORIA	2101016092	Yes
93.	KOENA DIXIT	2101016093	Yes
94.	KOLUGURU PRABHAS SRINIVAS	2101016094	Yes
95.	KONGARI PRIYA VALLABHA REDDY	2101016095	Yes
96.	KORUTLA UMARANI	2101016096	Yes
97.	KOTA SUSHANTH NAGA KUMAR	2101016097	Yes
98.	KOTHURI UHASINI	2101016098	Yes
99.	KOYYODA MEENAKSHI	2101016099	Yes




Principal / Dean
Malla Reddy Institute of Medical Sciences

100.	KAPPALA SATHWIK KUMAR	PG Student	Yes
102	VEGGALAM SAI SRUJITHA	PG Student	Yes
103	VALLEMONI ABHINAV YADAV	PG Student	Yes
104	ASRA SHEEREEN	PG Student	Yes
105	SRIKAR MODEPU	PG Student	Yes
106	RAJ KUMAR MODEPU	PG Student	Yes
107	BURMA TEJASHWINI	PG Student	Yes
108	Maneeza Aziz	PG Student	Yes
109	Supriya	PG Student	Yes

Jammunelam N
Coordinator

V.V. Lakshmi
Principal/Dean

Principal / Dean
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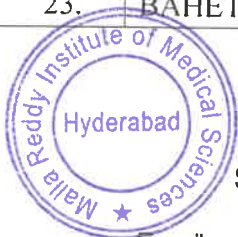
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Life skills	
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Date: 27.7.22 to 29.7.22	Time: 9:00am-4:30pm
Venue: Lecture Hall, Ground Floor Academic Block , MRIMS	
Total Students Successfully completed : 100	

Details of students successfully completed VM25: Life skills

Sr No	Name of student	Registration No	Successfully completed (Yes/No)
1.	A S ABHISHEK KUMAR	2101016001	Yes
2.	AASTHA SAGAR YEDATI	2101016002	Yes
3.	ABHINAV NOOLI	2101016003	Yes
4.	ADITYA PATNAIK	2101016004	Yes
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22.	BAGALURI ADARSH	2101016022	Yes
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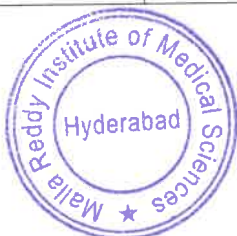
V. V. Venkatesh
Principal / Dean
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	PRANAV		
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93.	KOENA DIXIT	2101016093	Yes
94.	KOLUGURU PRABHAS SRINIVAS	2101016094	Yes
95.	KONGARI PRIYA VALLABHA REDDY	2101016095	Yes
96.	KORUTLA UMARANI	2101016096	Yes
97.	KOTA SUSHANTH NAGA KUMAR	2101016097	Yes
98.	KOTHURI UHASINI	2101016098	Yes
99.	KOYYODA MEENAKSHI	2101016099	No
100.	KUMBHAM KEERTHIKA	2101016100	Yes




Principal / Dean
Malla Reddy Institute of Medical Sciences

101	KAPPALA SATHWIK KUMAR	PG Student	Yes
102	VEGGALAM SAI SRUJITHA	PG Student	Yes
103	VALLEMONI ABHINAV YADAV	PG Student	Yes
104	ASRA SHEEREEN	PG Student	No
105	SRIKAR MODEPU	PG Student	Yes
106	RAJ KUMAR MODEPU	PG Student	Yes
107	BURMA TEJASHWINI	PG Student	No
108	MANEEZA AZIZ	PG Student	Yes
109	SUPRIYA	PG Student	Yes

Jammunelam N
Coordinator

U. V. Lakshmi
Principal/Dean

Principal / Dean
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Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrimms.edu.in

Certificate of Completion

Mr/Ms. A S ABHISHEK KUMAR of II year

MBBS, bearing roll no: 2101016001, has successfully completed the

Value added Course – “LIFE SKILLS”, conducted in the institute from 27th July

2022 to 29th July 2022.



V.V.V. Rao
Principal / Dean
Malla Reddy Institute of Medical Sciences



V.V.V. Rao
Principal/Dean

Course code –VM25

Malla Reddy Institute of Medical Sciences



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Certificate of Completion

Mr/Ms. AASTHA SAGAR YEDATI of II year

MBBS, bearing roll no: 2101016002, has successfully completed the

Value added Course – “LIFE SKILLS”, conducted in the institute from 27th July

2022 to 29th July 2022.

Jamundam N
Coordinator



V.V.V. Srinivasulu
Principal / Dean
Malla Reddy Institute of Medical Sciences
V.V. Rao
Principal/Dean

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Certificate of Completion

Mr/Ms. ABHINAV NOOLI of II year

MBBS, bearing roll no: 2101016003, has successfully completed the

Value added Course – “LIFE SKILLS”, conducted in the institute from 27th July

2022 to 29th July 2022.

Jamu nalam
Coordinator



V.V. Rao
Principal / Dean
Malla Reddy Institute of Medical Sciences
V.V. Rao
Principal/Dean

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Certificate of Completion

Mr/Ms. ADITYA PATNAIK of II year

MBBS, bearing roll no: 2101016004, has successfully completed the

Value added Course – “LIFE SKILLS”, conducted in the institute from 27th July

2022 to 29th July 2022.

Jarnu Reddy
Coordinator



V.V.N.W. Srinivasulu
Principal / Dean
Malla Reddy Institute of Medical Sciences
V.V.N.W. Srinivasulu
Principal/Dean

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Certificate of Completion

Mr/Ms. AISHWARYA JAKKULA of II year

MBBS, bearing roll no: 2101016005, has successfully completed the

Value added Course – “LIFE SKILLS”, conducted in the institute from 27th July

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Jamundam
Coordinator



V.V. Rao
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Malla Reddy Institute of Medical Sciences

V.V. Rao
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Certificate of Completion

Mr/Ms. AKSHAY RANGANATHAN of II year

MBBS, bearing roll no: 2101016006, has successfully completed the

Value added Course – “LIFE SKILLS”, conducted in the institute from 27th July

2022 to 29th July 2022.

Jamunadan
Coordinator



V. V. Rao
Principal / Dean
Malla Reddy Institute of Medical Sciences

V. V. Rao
Principal/Dean

Course code –VM25

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Certificate of Completion

Mr/Ms. AKULA JAGIRDHAR SHREYA of II year
MBBS, bearing roll no: 2101016007, has successfully completed the
Value added Course – “LIFE SKILLS”, conducted in the institute from 27th July
2022 to 29th July 2022.

Jamunadan
Coordinator



V.V. Anand
Principal / Dean
Malla Reddy Institute of Medical Sciences

V.V. Anand
Principal/Dean

Course code –VM25

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Certificate of Completion

Mr/Ms. AMALE SAI SHEKHAR of II year

MBBS, bearing roll no: 2101016008, has successfully completed the

Value added Course – “LIFE SKILLS”, conducted in the institute from 27th July

2022 to 29th July 2022.

Jame ndorn n
Coordinator



V. V. Rao
Principal / Dean
Malla Reddy Institute of Medical Sciences
V. V. Rao
Principal/Dean

Course code –VM25

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Certificate of Completion

Mr/Ms. AMOOLYA KONDA REDDY of II year

MBBS, bearing roll no: 2101016009, has successfully completed the

Value added Course – “LIFE SKILLS”, conducted in the institute from 27th July

2022 to 29th July 2022.

Jamunolan
Coordinator



Handwritten signature in green ink
Principal / Dean
Malla Reddy Institute of Medical Sciences
Principal/Dean

Course code –VM25

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Certificate of Completion

Mr/Ms. ANANYAA PABBISSETTY of II year

MBBS, bearing roll no: 2101016010, has successfully completed the

Value added Course – “LIFE SKILLS”, conducted in the institute from 27th July

2022 to 29th July 2022.

Jamuna
Coordinator



V.V.V. Lakshmi
Principal / Dean
Malla Reddy Institute of Medical Sciences
V.V. Rao
Principal/Dean

Course code –VM25



MALLA REDDY INSTITUTE OF MEDICAL SCIENCES

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Recognized by Medical Council of India, Ministry of Health & Family Welfare, Govt. of India.

Affiliated to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

Feedback analysis of students on VALUE ADDED COURSES							
Academic Year : 2022-2023				Year: II MBBS & I, II & III Post graduates			
Name of the VAC: Life Skills							
Course Code: VM25				Students Registered:		100	
Students feedback on the program was collected and analyzed, using Likert rating on the scale of 1 to 5 for each of the following parameters.							
(1- strongly Disagree, 2- Disagree, 3- Uncertain, 4- Agree, 5- Strongly Agree)							
Sl. No	Attributes	5	4	3	2	1	Average Score
1	Course is relevant to my needs	85	5	5	5		4.70
2	The objectives were clearly stated and appropriate	92	4	4			4.88
3	The flow of content was seamless	91	3	3	3		4.82
4	The speakers were well prepared	94	5	1			4.93
5	The A-V aids were well used	90	3	3	3	1	4.78
6	Speakers provided time for clarification of doubts	94	3	3			4.91
7	Opportunities for hands-on learning/ practical application were given	90	3	3	3	1	4.78
8	This course is useful and needed to help doctors work efficiently	95	5				4.95

Suggestions: Nice sessions with excellent speakers

Jamiselam D.
Coordinator



V. Uma Devi

Principal/Dean

Principal / Dean
Malla Reddy Institute of Medical Sciences

Suraram 'x' Road, Quthbullapur Municipality, Hyderabad - 500 055.

Tel : 9676017777, 9676027777, 7842090952

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